

Healthy Kids of Seinäjoki Conference
Health and Wellbeing Management 14.3.2018
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Levels of Health and Wellbeing Management in Finland:

1. EU level / WHO level (international level)

<http://www.euro.who.int/en/health-topics/health-policy/health-2020-the-european-policy-for-health-and-well-being>

2. National level

<http://stm.fi/en/ministry>

3. Municipality / city level

4. Organizational level

-Whole organization level

-One department level

-Individual employee level / self-management.

The health, social services and regional government reform will establish the new counties and reform the structure, services and funding of health and social services as well as transfer new duties to the counties. The reform is due to come into force on 1 January 2020.

<https://youtu.be/3GHEWcKHSXk>

One important **tool of this reform is digitalization**. It is answer how Finns will get better health care and social work services in the future. Digitalization is going on already and it is not depending reform. One example of digitalization is **Kanta**. Kanta is a national archive of Health information Finland, for primary health care centres, central hospitals, university central hospitals and private health care organizations and also a collective term used for a range of national health care information systems including like e-prescriptions, national pharmaceutical database, electronic health records archive, including national PACS for imaging and a portal for citizens to access their own health information online. <http://www.kanta.fi/en/>

Welfare story / last year: look of the inhabitants of the municipality welfare and factors, which affect them drawn up by the experts of different branches of administration together.

Welfare strategy / next years: systematically chosen operating principle with which the municipality tries to promote its inhabitants' welfare as successfully as possible and effectively.

Human Impact Assessment (HulA) is a form of prospective assessment. HulA is a tool for anticipating the effect of a program, a project or a decision on human health and welfare. It clarifies the impacts of different options and alternative solutions. HulA provides information for decision-making and helps dealing with conflicts. Human Impact Assessment includes Health Impact Assessment (HIA) and Social Impact Assessment (SIA).

<https://thl.fi/en/web/health-promotion/human-impact-assessment>

Knowledge Management: The reducing of the uncertainty caused by the lack of the information and the control of the ambiguity which is created from the plenitude of the information and from the complexity of the operation situation are striven for

- Promising method to increase the productivity and effectiveness of public services
- Big data / mass data: exponential growth of the digital information.

BCP-Project (BaltCityPrevention 10/2017 -12/2020)

Target Group: Public health authorities / Public health nurses

User Group: Young (11-17 years) people

Big questions of project: How to reduce the risk to lifestyle related diseases: heart illnesses, obesity and diabetes of type 2 and illnesses which are related to smoking, alcohol and the use of drugs. What are the best tools / eHealth tools of health promotion?

<https://www.baltcityprevention.eu/>